

The following adverse reactions have been identified and reported since it was first approved use of ribavirin in combination with interferon alpha-2b or peginterferon alpha-2b. Because these reactions are reported infrequently, they are not listed by frequency or established a causal relationship to drug exposure.

Blood and Lymphatic System disorders

Pure red cell aplasia, aplastic anemia

Ear and Labyrinth disorders

Hearing disorder, vertigo

Respiratory, Thoracic and Mediastinal disorders

Pulmonary hypertension

Eye disorders

Serous retinal detachment

Endocrine disorders

Diabetes

7 DRUG INTERACTIONS

7.1 Didanosine

Exposure to didanosine or its active metabolite (didanosine diphosphate 5'-thiophosphate) is increased when didanosine is administered with ribavirin, which could cause or worsen clinical toxicities; therefore, coadministration of RIBASPERHE capsules and didanosine is contraindicated. Reports of fatal hepatic failure, as well as peripheral neuropathy, pancreatitis, and symptomatic hypercalcemia/lactic acidosis have been reported in clinical trials.

7.2 Nucleoside Analogues

Hepatic decompensation (some fatal) has occurred in cirrhotic HIV/HCV co-infected patients receiving combination antiretroviral therapy for HIV and interferon alpha and ribavirin. Adding treatment with alpha interferons alone or in combination with ribavirin may increase the risk in the patient population. Patients receiving interferon with ribavirin and nucleoside reverse transcriptase inhibitors (NRTIs) should be closely monitored for treatment-associated toxicities, especially hepatic decompensation and anemia. Discontinuation of NRTIs should be considered as medically appropriate (see *Labeling for Individual NRTI products*). Dose reduction or discontinuation of interferon, ribavirin, or both should also be considered if worsening clinical toxicities are observed, including hepatic decompensation (e.g., Child-Pugh grade from 5).

Ribavirin may antagonize the *cell culture* antiviral activity of stavudine and zidovudine against HIV. Ribavirin has been shown in *cell culture* to inhibit phosphorylation of lamivudine, stavudine, and zidovudine, which may lead to decreased antiviral activity. However, in a study with another pegylated interferon in combination with ribavirin, no pharmacokinetic (e.g., plasma concentrations or intracellular triphosphorylated active metabolite concentrations) or pharmacodynamic (e.g., loss of HIV/HCV viremia; suppress) interaction was observed when ribavirin and lamivudine or zidovudine (n=10), or stavudine (n=10) were coadministered as part of a multidrug regimen in HIV/HCV-co-infected subjects. Therefore, concomitant use of ribavirin with either of these drugs should be used with caution.

7.3 Drugs Metabolized by Cytochrome P-450

Results of *in vitro* studies using both human and rat liver microsome preparations indicated little or no cytochrome P-450 enzyme-mediated metabolism of ribavirin, with minimal potential for P-450 enzyme-based drug interactions.

No pharmacokinetic interactions were noted between interferon alpha-2b and ribavirin capsules in a multiple-dose pharmacokinetic study.

7.4 Azathioprine

Use of ribavirin for the treatment of chronic hepatitis C in patients receiving azathioprine has been reported to induce severe pancytopenia and may increase the risk of azathioprine-related myelotoxicity. Ixosime monophosphate dehydrogenase (IMDH) is required for one of the metabolic pathways of azathioprine. Ribavirin is known to inhibit IMDH, thereby leading to accumulation of an azathioprine metabolite, 6-methylthioinosine monophosphate (6-MITTP), which is associated with myelotoxicity (neutropenia, thrombocytopenia, and anemia). Patients receiving azathioprine with ribavirin should avoid complete blood counts, including platelet counts, monitored weekly for the first month, twice monthly for the second and third months of treatment, then monthly or more frequently if dosage or other therapy changes are necessary (see *Warnings and Precautions* (5.1)).

8 USE IN SPECIFIC POPULATIONS

8.1 Pregnancy

Teratogenic Effects
Fetal Toxicity
Pregnancy Category X
(see *Contraindications* (4), *Warnings and Precautions* (5.1), and *Nonclinical Toxicology* (13.1)).

Treatment and Post-treatment:

Paternal Risk to the Fetus:

Ribavirin is not accumulative in intracellular components from where it is cleared very slowly. It is not known whether ribavirin contained in sperm will exert a potential teratogenic effect upon fertilization of the ova. In a study in rats, it was concluded that dominant lethality was not induced by ribavirin at doses up to 200 mg/kg for 51 days (estimated human equivalent dose of 714 to 26.6 mg/kg based on body surface area adjustment for a 60 kg adult; up to 1.7 times the maximum recommended human dose of ribavirin). However, because of the potential human teratogenic effects of ribavirin, male patients should be advised to take every precaution to avoid risk of pregnancy for their female partners.

Women of childbearing potential should not receive RIBASPERHE unless they are using effective contraception (two reliable forms) during the therapy period. In addition, effective contraception should be utilized for 6 months post-therapy based on a multiple-dose half-life (t1/2) of ribavirin of 12 days.

Male patients and their female partners must practice effective contraception (two reliable forms) during treatment with RIBASPERHE and for the 6-month post-therapy period (e.g., 15 days after the last ribavirin clearance from the body).

A Ribavirin Pregnancy Registry has been established to monitor maternal-fetal outcomes of pregnancies in female patients and female partners of male patients exposed to ribavirin during treatment and for 6 months following cessation of treatment. Physicians and patients are encouraged to report such cases by calling 1-800-993-2214.

8.2 Nursing Mothers

It is not known whether the RIBASPERHE product is excreted in human milk. Because of the potential for serious adverse reactions from the drug in nursing infants, a decision should be made whether to discontinue nursing or to delay or discontinue RIBASPERHE.

8.4 Pediatric Use

Safety and effectiveness of RIBASPERHE in combination with peginterferon alpha-2b has not been established in pediatric patients below the age of 3 years. For treatment with ribavirin/interferon alpha-2b, evidence of disease progression, such as hepatic inflammation and fibrosis, as well as prognostic factors for response, HIV genotype, and viral load should be considered when deciding to treat a pediatric patient. The benefits of treatment should be weighed against the safety findings observed.

Long-term follow-up data in pediatric subjects indicates that ribavirin in combination with peginterferon alpha-2b or with interferon alpha-2b may induce a growth inhibition that results in reduced height in some patients (see *Warnings and Precautions* (5.3) and *Adverse Reactions* (6.1, 6.2)).

Suicidal thoughts more frequently among pediatric patients, primarily adolescents, compared to adult patients (2.4% vs. 1%) during treatment with RIBASPERHE and interferon alpha-2b.

Adverse events more frequently among pediatric patients, primarily adolescents, compared to adult patients (2.4% vs. 1%) during treatment with RIBASPERHE and interferon alpha-2b.

Off-therapy follow-up (see *Warnings and Precautions* (5.10)). As in adult patients, pediatric patients experienced other psychiatric adverse reactions (e.g., depression, emotional lability, somnolence), anemia, and neutropenia (see *Warnings and Precautions* (5.2)).

8.5 Geriatric Use

Clinical trials of ribavirin/interferon alpha-2b or peginterferon alpha-2b therapy did not include sufficient numbers of subjects aged 65 and over to determine if they respond differently from younger subjects.

Ribavirin is known to be substantially excreted by the kidney, and the risk of toxic reactions to this drug may be greater in patients with impaired renal function. Because elderly patients often have decreased renal function, care should be taken in dose selection. Renal function should be monitored and dosage adjustments should be made accordingly. RIBASPERHE should not be used in patients with creatinine clearance less than 50 mL/min (see *Contraindications* (4)).

In general, RIBASPERHE capsules should be administered to elderly patients cautiously, starting at the lower end of the dosing range, reflecting the greater frequency of decreased cardiac and renal function, and of concomitant disease or other drug therapy. In clinical trials, elderly subjects had a higher percentage of anemia (67% than younger patients (28%)) (see *Warnings and Precautions* (5.2)).

8.6 Organ Transplant Recipients

The safety and efficacy of interferon alpha-2b and peginterferon alpha-2b alone or in combination with RIBASPERHE for the treatment of hepatitis C in liver or other organ transplant recipients have not been established. In a small (n=16) single-center, uncontrolled case experience, renal failure in renal allograft recipients receiving interferon alpha and ribavirin combination therapy was frequently reported. In addition, patients with renal allograft recipients not receiving combination therapy. The relationship of the renal failure to renal allograft rejection is not clear.

8.7 HIV or HBV Co-infection

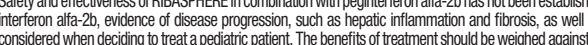
The safety and efficacy of peginterferon alpha-2b/RIBASPERHE and interferon alpha-2b/RIBASPERHE for the treatment of patients with HCV co-infected with HIV or HBV has not been established.

10 OVERDOSAGE

There is limited experience with overdose. Acute ingestion of up to 20 g of ribavirin capsules, interferon alpha-2b (up to 120 million units), and subcutaneous doses of interferon alpha-2b up to 10 times the recommended doses have been reported. Primary effects that have been observed are increased incidence and severity of the adverse reactions related to the therapeutic use of interferon alpha-2b and ribavirin. However, hepatic enzyme abnormalities, renal failure, hemorrhage, and myocardial infarction have been reported in administration of single subcutaneous doses of interferon alpha-2b that exceeded dosing recommendations.

There is no specific antidote for interferon alpha-2b or RIBASPERHE overdose, and hemodialysis and peritoneal dialysis are not effective for treatment of overdose of these agents.

Ribavirin capsules (RIBASPERHE) are a synthetic nucleoside analogue (purine analogue). The chemical name of ribavirin is 1-β-D-ribofuranosyl-1H-1,2,4-triazole-3-carboxamide and has the following structural formula (see Figure 1):



Ribavirin is a white, crystalline powder. It is freely soluble in water and slightly soluble in anhydrous alcohol. The empirical formula is C₈H₁₀N₆O₅ and the molecular weight is 244.21.

RIBASPERHE® (ribavirin capsules USP) consists of white pellets in a white, opaque, gelatin capsule. Each capsule contains 600 mg of ribavirin and the inactive ingredients: Croscarmellose Sodium, NF; Lactose Monohydrate, NF; Microcrystalline Cellulose, NF; and Povidone, USP. The capsule shell consists of gelatin and titanium dioxide. The capsule is printed horizontally with "riba 200" on both the body and the top of the capsule using edible, green pharmaceutical ink which is made of butyl alcohol, NF; Yellow Iron Oxide, NF; dehydrated alcohol, USP; FD&C Blue #2 Aluminum Lake, NF; strong ammonium alcohol, USP; propylene glycol, USP; Shellac, NF; strong ammonium solution, NF; and titanium dioxide.

12 CLINICAL PHARMACOLOGY

12.1 Mechanism of Action

Ribavirin is an antiviral agent (see *Monographs* (12.4)).

12.3 Pharmacokinetics

Single- and multiple-dose pharmacokinetic properties in adults are summarized in Table 11. Ribavirin was rapidly and extensively absorbed following oral administration. However, due to first-pass metabolism, the absolute bioavailability averaged 64% (44%). There was a linear relationship between dose and AUC_{0-∞}/AUC from time zero to last measurable concentration following single doses of 200 to 1200 mg once daily. The relationship between dose and C_{max} was nonlinear, tending to asymptote above single doses of 600 to 800 mg. Upon multiple oral dosing, based on AUC_{0-∞}, a 3-fold accumulation of ribavirin was observed in plasma. Following oral dosing of 600 mg twice daily, steady-state was reached by approximately 4 weeks, with mean steady-state plasma concentrations of 2200 mg/L (37%). Upon discontinuation of dosing, the mean half-life was 298 (30%) hours, which probably reflects slow elimination from nonplasma compartments.

Effect of Antacid on Absorption of Ribavirin: Coadministration of ribavirin capsules with an antacid containing magnesium, aluminum, and simethicone resulted in a 14% decrease in mean ribavirin AUC_{0-∞}. The clinical relevance of results from this single-dose study is unknown.

Table 11: Mean (% CV) Pharmacokinetic Parameters for Ribavirin Capsules When Administered Individually to Adults

Parameter	Ribavirin Capsules	
	Single-Dose 600 mg Capsules (N=12)	Multiple-Dose 600 mg Capsules twice daily (N=12)
T _{max} (hr)	1 (46)	3 (60)
C _{max} (ng/mL)	782 (37)	3680 (85)
AUC _{0-∞} (ng•hr/mL)	13,400 (48)	228,000 (25)
t _{1/2} (hr)	43.6 (47)	298 (30)
Apparent Volume of Distribution (L)	2825 (9)	
Apparent Clearance (L/hr)	38.2 (40)	
Absolute Bioavailability	64% (44) ^a	

^aN=11.
^bData obtained from a single-dose pharmacokinetic study using ¹⁴C labeled ribavirin; N=5, N=6.

Tissue Distribution: Ribavirin transport into nonplasma compartments has been most extensively studied in red blood cells, and has been identified to be primarily via an e_s-type equilibrative nucleoside transporter. This type of transporter is present on virtually all cell types and may account for the extensive volume of distribution. Ribavirin does not bind to plasma proteins.

Metabolism and Excretion: Ribavirin has two pathways of metabolism: (1) a reversible phosphorylation pathway in nucleated cells; and (2) a degradative pathway involving dephosphorylation and amide hydrolysis to yield a triazole carboxamide, ribavirin. Ribavirin and its triazole carboxamide and triazole carboxylic acid metabolites are excreted renal. After oral administration of 600 mg of ¹⁴C-ribavirin, approximately 61% and 12% of radioactivity was eliminated in the urine and feces, respectively, in 336 hours. Unchanged ribavirin accounted for 17% of the administered dose.

Special Populations:

Renal Dysfunction: The pharmacokinetics of ribavirin were assessed after administration of a single oral dose (400 mg) of ribavirin to non-HCV-infected subjects with varying degrees of renal dysfunction. The mean AUC_{0-∞} values were unaffected in subjects with creatinine clearance values between 10 to 30 mL/min when compared to control subjects (creatinine clearance greater than 90 mL/min). In subjects with creatinine clearance values between 30 to 60 mL/min, AUC_{0-∞} was twofold greater when compared to control subjects. The increased AUC_{0-∞} appears to be due to reduction of renal and nonrenal clearance in these subjects. Phase 3 efficacy trials included subjects with creatinine clearance values greater than 50 mL/min. The multiple-dose pharmacokinetics of ribavirin cannot be accurately predicted in patients with renal dysfunction. Ribavirin is not effectively removed by hemodialysis. Patients with creatinine clearance less than 50 mL/min should not be treated with RIBASPERHE (see *Contraindications* (4)).

Hepatic Dysfunction: The effect of hepatic dysfunction was assessed after a single oral dose of ribavirin (600 mg). The mean AUC_{0-∞} values were not significantly different in subjects with mild, moderate, or severe hepatic dysfunction (Child-Pugh Classification A, B, or C) when compared to control subjects. However, mean C_{max} values increased with severity of hepatic dysfunction and was twofold greater in subjects with severe hepatic dysfunction when compared to control subjects.

Elderly Patients: Pharmacokinetic evaluations in elderly subjects have not been performed.

Gender: There were no clinically significant pharmacokinetic differences noted in a single-dose trial of 18 male and 18 female subjects.

Pediatric Patients: Multiple-dose pharmacokinetic properties for ribavirin capsules and interferon alpha-2b in pediatric subjects with chronic hepatitis C between 5 and 16 years of age are summarized in Table 12. The pharmacokinetics of ribavirin and interferon alpha-2b (dose-normalized) are similar in adults and pediatric subjects.

Table 12: Mean (% CV) Multiple-Dose Pharmacokinetic Parameters for Interferon alpha-2b and Ribavirin Capsules When Administered to Pediatric Subjects with Chronic Hepatitis C

Parameter	Ribavirin 15 mg/kg/day as 2 divided doses		Interferon alpha-2b 3 MIU/m ² three times weekly	
	(N=17)	(N=54)	(N=17)	(N=54)
T _{max} (hr)	1 (46)	3 (60)	1 (46)	3 (60)
C _{max} (ng/mL)	3275 (26)	51 (48)	3275 (26)	51 (48)
AUC ^a	29,714 (26)	622 (48)	29,714 (26)	622 (48)
Apparent Clearance (L/hr/kg)	0.27 (12)	ND ^b	0.27 (12)	ND ^b

^aAUC_{0-∞} (ng•hr/mL) for ribavirin; AUC_{0-∞} (IU•hr/mL) for interferon alpha-2b
^bND=not done

Note: numbers in parenthesis indicate % coefficient of variation.

A clinical trial in pediatric subjects with chronic hepatitis C between 3 and 17 years of age was conducted in which pharmacokinetics for peginterferon alpha-2b and ribavirin capsules were evaluated. In pediatric subjects receiving body surface area-adjusted dosing of peginterferon alpha-2b at 60 mcg/m²/week, the log transformed ratio estimate of exposure during the dosing interval was predicted to be 58% (90% CI: 141%, 177%) higher than observed in adults receiving 1.5 mg/kg/week. The pharmacokinetics of ribavirin (dose-normalized) in the trial were similar to those reported in a prior study of ribavirin in combination with interferon alpha-2b in pediatric subjects with chronic hepatitis C.

Effect of Ribavirin on C_{max}: Expressed by 70% when ribavirin capsules were administered with a high-fat meal (841 kcal, 53.8 g fat, 31.6 g protein, and 57.4 g carbohydrate) in a single-dose pharmacokinetic study (see *Dosage and Administration* (2)).

12.4 Microbiology

12.4.1 Mechanism of Action

The mechanism by which ribavirin contributes to its antiviral efficacy in the clinic is not fully understood. Ribavirin has direct antiviral activity in tissue culture against many RNA viruses. Ribavirin increases the mutation frequency in the genomes of several viruses and ribavirin triphosphate inhibits HIV polymerase in a biochemical reaction.

12.4.2 Antiviral Activity in Cell Culture

The antiviral activity of ribavirin in the HCV-replicon is not well understood and has not been defined because of the cellular toxicity of ribavirin. Direct antiviral activity has been observed in tissue culture of other RNA viruses. The anti-HCV activity of interferon was demonstrated in cell containing self-replicating HCV-RNS (HCV replicon cells) or HCV infection.

Resistance: HCV genotypes show wide variability in their response to pegylated recombinant human interferon/ribavirin therapy. Genetic changes associated with the variable response have not been identified.

Cross-resistance: There is no reported cross-resistance between pegylated/non-pegylated interferons and ribavirin.

13 NONCLINICAL TOXICOLOGY

13.1 Carcinogenesis, Mutagenesis, and Impairment of Fertility

Carcinogenesis: Ribavirin did not cause an increase in any tumor type when administered for 6 months in the transgenic p53 deficient mouse model at doses up to 300 mg/kg (estimated human equivalent of 25 mg/kg based on body surface area adjustment for a 60 kg adult; approximately 1.7 times the maximum recommended human daily dose). Ribavirin was noncarcinogenic when administered for 2 years to rats of dose up to 40 mg/kg (estimated human equivalent of 5.71 mg/kg based on body surface area adjustment for a 60 kg adult).

Mutagenesis: Ribavirin demonstrated increased incidences of mutation and cell transformation in multiple genotoxicity assays. Ribavirin was active in the Balb/3T3 In Vitro Cell Transformation Assay. Mutagenic activity was observed in the mouse lymphoma assay, and at doses of 20 to 200 mg/kg (estimated human equivalent of 1.67 to 16.7 mg/kg based on body surface area adjustment for a 60 kg adult; 0.1 to 1.7 times the maximum recommended human 24-hour dose of ribavirin) in a mouse micronucleus assay. A dominant lethal assay in mice was negative, indicating that if mutations occurred in rats they were not transmitted through male gametes.

13.2 Impairment of Fertility

Ribavirin demonstrated significant embryocidal and teratogenic effects at doses well below the recommended human dose in all animal species in which adequate studies were conducted. Malformations of the skull, palate, eye, jaw, limbs, skeleton, and gastrointestinal tract were noted. The incidence and severity of teratogenic effects increased with escalation of the drug dose. Survival of fetuses and conventional embryonic/foetal toxicity studies in rats and rabbits observed no effect dose levels were well below those for proposed clinical use (0.3 mg/kg/day for both the rat and rabbit; approximately 0.06 times the recommended human 24-hour dose of ribavirin). No maternal toxicity or effects on offspring were observed in a pre/postnatal toxicity study in rats dosed orally at up to 1 mg/kg/day (estimated human equivalent dose of 0.17 mg/kg based on body surface area adjustment for a 60 kg adult) at all doses; no maternal or foetal toxicity was observed in a similar study in rabbits. Abnormalities in sperm occurred. Upon cessation of treatment, essentially total recovery from ribavirin-induced testicular toxicity was apparent within 1 to 2 spermatogenesis cycles.

13.2 Animal Toxicology and Pharmacology

Long-term studies in the mouse and rat (18 to 24 months, doses of 20 to 75 and 10 to 40 mg/kg/day, respectively) (estimated human equivalent doses of 1.67 to 6.25 and 14.3 to 5.71 mg/kg/day, respectively) based on body surface area adjustment for a 60 kg adult; approximately 0.1 to 0.4 times the maximum human 24-hour dose of ribavirin) have demonstrated a relationship between chronic ribavirin exposure and increased incidences of vascular lesions (microscopic hemorrhages) in mice. In rats, retinal degeneration occurred in controls, but the incidence was increased in ribavirin-treated rats.

In a study in which rat pups were dosed postnatally with ribavirin at doses of 10, 25, and 50 mg/kg/day, drug-related deaths occurred at 50 mg/kg (at rat pup plasma concentrations below human plasma concentrations at the human therapeutic dose) between study Days 13 and 48. Rat pups dosed from postnatal Days 7 through 63 demonstrated a minor, dose-related decrease in survival at all doses; no deaths occurred. In a study in which rat pups were dosed postnatally with ribavirin at doses of 10, 25, and 50 mg/kg/day (estimated human equivalent of 1.25 to 12.5 mg/kg/day, based on body surface area adjustment for a 60 kg adult; 0.1–0.8 times the maximum human 24-hour dose of ribavirin) from postnatal days 7 through 63, abnormalities in sperm occurred. Upon cessation of treatment, essentially total recovery from ribavirin-induced testicular toxicity was apparent within 1 to 2 spermatogenesis cycles.

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